



Learning Opportunities for Grade 1

Week of May 25th-29th

School Vision: *Motivating, Compassionate, Successful*

School Mission: *Making a difference...Committed to learning....Supporting each other*

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 1 hour each day.

Chala.Mortensen@nbed.nb.ca

Hello Grade 1 Mortensen!

I am really missing seeing all of your smiling faces! I am hoping that you are getting outside and finally enjoying the beautiful sunny weather!

We have been planting and watching things grow. I can't wait to plant them outside! We finally got to go for a drive on our side by side last weekend. Where we went there was still lots of snow to play in. We got stuck a couple of times and had to tow some others out of the snow! It was so fun!

I can't wait to read your letters you have written to me! Flat Mrs. M looks like she is having great adventures!



Mrs. Mortensen



Sarah.atherton@nbed.nb.ca

Hi 1A,

These past few days I have been thinking about all the fun things that our class could be doing outside in the beautiful weather. One of the activities we would be doing right now is planting our classroom Sun Flowers. I hope that you have had a chance to plant those; if not, this weekend looks like it would be beautiful weather to plant in.

I have also been dreaming of doing our independent reading and writing outside. My boys and I have taken advantage of the nice weather to do some school work out on the deck!

I cannot wait to see your faces again soon!



Mrs. Atherton

Danielle.kitchen@nbed.nb.ca

Hello 1Kitchen,

I miss you so much and I miss our school! I know that Denise and I wish we could give you all hugs right now and see your smiling faces.

Last week was beautiful and warm outside. It makes me excited for summer. Bergy, our dog, and Jaedyn have been playing with bubbles everyday!

Send me an e-mail anytime and let me know what you are up to! Wash your hands often and be safe out there!

Love, Mrs. Kitchen

MATH

Choose from these tasks, for a total of 20 minutes each day.

Creating Counting Collections:

Give your student a number and have them create a counting collection for it. For example, give your student the number 15, can they find 15 rocks and put them in a pile? For an extra challenge, have the record their counting collection on a sheet of paper.

Crazy 8's and Go Fish:

Students love to play card games in the classroom. All the students have been taught how to play crazy 8's and Go Fish. I would have your student "teach" you or a family member how to play the game. Playing card games helps your student with number recognition, subitizing, and counting.

Representing Numbers:

How many ways can your student represent one number. For example, 5 can be represented with the number 5, with 5 dots, with tally markers, by writing it out (five), or by drawing a picture of five of something (flowers).

Building Numbers:

Choose a number and challenge your student to see how many different ways they can build it. For example, 10 can be built $0+10=10$, $6+4=10$, $7+3=10$ ect.

Addition:

Write addition facts on a sheet of paper and have your student solve them. Some examples you could give, $5+7=12$, $4+8=12$, $10+5=15$. Have students use counters (which could be coins or Lego pieces) to solve the problems. One strategy we use in class is to count on from the highest number. For example, start at 7 and then using counters count 8, 9, 10, 11, 12.

Counting:

Continue to practice counting in all different ways; forwards and backwards to 100, count by 2's, 5's, and 10's to 100. Count forwards and backwards between two given numbers, for example, count numbers from 47 to 56. Also practicing counting sets of objects by 2's.

LITERACY

Independent Reading: (15-20 mins per day)

Daily Reading is important to build life-long learners. Children can read a book independently or to a family member, a pet or stuffed animal.

Allow for choice of reading material: favorite books they know well, magazines, flyers, books about their favorite animal, books they can read smoothly, comic books.

→ Flashlight Reading- Kids love to use flashlights or finger lights. If you have them, you can find a dark spot, or wait until it is dark and read by flashlight. You can snuggle up and read your books by finger lights, flashlights, or even glow sticks!

→ Click here to see Mrs. Mortensen read a book!

<https://www.youtube.com/watch?v=2BLGewNbxyg>

→ Click here to see Mrs. Mortensen Driving to sight words:

<https://www.youtube.com/watch?v=dUrEWPPdDvg>

→ Continue to read and listen to books on line by using:

Tumblebooks: <https://www.tumblebooklibrary.com/Default.aspx?ReturnUrl=%2f>

Get Epic: <https://www.getepic.com/>

From 3 to 3: <https://www.youtube.com/watch?v=ssWolijl80Y&feature=youtu.be>

If you are looking for extra activities here are a few:

- Flyer Sight Word Search: Using the flyers, have your child search for sight words. They can cut them out and make a list or circle them. Want to really challenge yourself? See if you can put the sight words you found in alphabetical order by first letter!
- Jump and Spell: using a skipping rope or even hopping on one foot or two feet, call out a sight word for your child. They skip or jump while they spell the word out loud. It's a fun way to get active and practice spelling at the same time.

Writing: (15-20 mins per day) One writing piece may take 1-2 days.

Here are a few options:

- ✚ Tell me about your favorite place to go or visit in the summer.

When do you go? **Where** is it? **Who** do you go with? **What** do you do? **Why** do you like it?

- ✚ What did you eat today? Use your descriptive words! What did it look like? Smell like? Taste like? What did it feel like in your mouth?

Extra ideas:

Journal- Tell me about your favorite things to do outside. Is it yard work? Do you play in the dirt?

Parent Tips for Engaging in “Pretend Play”

- 1. Let your child play alone, with a sibling, “bubble” member, or yourself. Playing by themselves builds their imaginations. Playing with others also builds their imagination while also building social-emotional skills.**
- 2. Let your child “lead” the play. As hard as it is for parents, try not to guide your child’s imaginative play. Let them lead and try to figure out how you can play along with them.**
- 3. Give them encouragement when they DON’T follow instructions (e.g. Playmobil, Lego) or play with toys in new and creative ways. Let your child know that you love their creativity and ideas.**

Physical Education At Home Learning May 25th

MCS families,

The past week has been amazing to be outside and being active. I think I spent more waking hours outside last week than I did inside. From mountain biking at Woolastook Park, to yardwork, to fiddle heading; our family was very active. As you have probably heard, teachers are returning to school next week. I am a bit uneasy about going back because the gym will be so cold and empty without all the smiling and energetic students in it. This will give me time to create many new activities for when all MCS students return. Which I cannot wait for!

Be active and safe!

Mr. Nathan King

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Fitness Around Your Home

Below is a list of various exercises, to move throughout your home.

1. Go to every room and do 10 jumping jacks.
2. Go to every room that has a TV and do 5 burpees.
3. How many beds do you have? Go to each bed and do 6 sit ups.
4. Go to each couch you have and do 10 squats.
5. Need a drink of water? For every sink do 5 push ups (they do not have to be done in the bathroom!)
6. Imagine there are mountains when you look out your window. Do 3 mountain climbers for every window in your home. Keep climbing!
7. Pick your favorite room and do a 30 second wall sit. What room did you choose?
8. Do you have any animals? Run in place for 30 seconds for each animal that you have.
9. Go up and down each set of steps 2 times each. How many sets of steps did you have to climb?
10. Elbow bump each person that lives in your house and tell them something about them that makes you smile.

Physical Activity Challenge

Make It up Monday: Make up a game where you must practice your throwing skills.

Try It Tuesday: Find 5 obstacles to go over, under, around and through.

Wheelie Wednesday: Review safety and road safety, then go skateboarding, biking or roller blading.

Target Thursday: Set up targets and practice kicking a pair of socks or a ball to knock them over.

Family Fun Friday: Create a dance or follow along. Who has the best dance moves?

Wellbeing Challenges

Physical: Take your pet or a stuffy and a family member for a walk.

Emotional: Clean room in your house.

Social: Write a thank you note to someone and mail or email it them.

Cognitive: Learn a new skill or try a completely new game.

Psychological: Spend time outside listening to birds and noticing the awakening of new spring plants.

K-2 Technology – Week of May 25-29

Hello future Builders, Engineers and Scientists! This week you will be in the kitchen mixing up a special recipe of **Magic Milk**. Always be sure to ask permission from an adult before starting a new experiment. Thank you to Parents and Guardians for your support with this activity.

Magic Milk Materials:

- 1 plate or Tupperware or other container
- whole milk or 2% milk
- Food colouring
- Q-tip/cotton swab
- Liquid dish soap

Instructions:

1. Gather and arrange all materials in a workspace.
2. Pour milk into container, enough to cover the bottom to the depth of $\frac{1}{4}$ inch.
3. Add a single drop of each colour. Keep the drops close together and in the middle of the container. Do not touch the milk with your fingers or disturb the colour drops.
4. Make a prediction about what you think will happen when you put a Q-tip in the milk.
5. Take a Q-tip and touch the tip of the cotton swab into the center of the milk container - it's important not to stir it. Anything happen?
6. Now, place a drop of liquid dish soap on the end of the Q-tip. Place the soapy end of the Q-tip in the center of the milk and hold it there for 10 seconds. Watch the bursts of colour dance around the container.
7. Add another drop of soap to the Q-tip and try it again. Experiment by placing the Q-tip in different spots in the milk. Notice the colours in the milk that continue to move even after you remove the Q-tip. What makes the coloured milk move? Experiment with different shapes and colour drop designs. Try using water in place of milk. Do you get the same result?
8. Clean up your workspace and return all materials to where they belong.

Additional:

Learn more about the chemical reaction between the milk and the dish soap, here (in the notes section below the video) by the Canada Science and Technology Museum:

https://www.youtube.com/watch?v=Mq_m0nGNLQ8

Explore the Canada Science and Technology Museum YouTube channel for more science snippets: <https://www.youtube.com/channel/UCqgfi6WO4NrhJia0FdtTL4g>

If parents would like to email a picture of your future Scientist in action, I will add it to the collage I will put on the MCS Facebook page on Friday. Have a great week experimenting! Questions or comments, feel free to contact me via email Erin.LeCain@nbed.nb.ca. Thanks, Erin LeCain

